The Spa
at Burlton

Terms and Conditions and Spa Etiquette

All guests staying at Burlton Cottages are welcome to use the Spa facilities subject to agreeing to the following Terms and Conditions and accept responsibility for their own health and safety.

All persons entering the Spa **must remove outdoor footwear** at the entrance.

All users of the Spa **must SHOWER** before using the wet facilities.

The facilities are open daily between the hours of 8am - 8pm. Robes, coloured/striped towels and slippers are provided in the cottage wardrobes for use in the Spa, white bathroom towels are not to be used in the Spa.

Please observe displayed safety signs, equipment and fire exits before using the facilities. Ensure relevant safety doors remain closed. **No GLASS items or food** is allowed in the pool room.

We ask that you refrain from using the facilities if you have had an infectious or contagious medical condition.

Spa users must book their times using the Calendly App. Each cottage has up to two hours exclusive use of the Spa/day. This can be two separate times or consecutive. Users must not select the same times each day to allow each cottage use at the busier times (morning and evening).

Only guests aged over 16 years may use the hot tub, gym, sauna and steam room. The swimming pool and spa facilities are unattended, there is no lifeguard. Weak or non swimmers are to wear buoyancy aids. Children under the age of 16 years must be accompanied by an adult. Infants must use a swimming nappy. If your child has an accident, the pool must be evacuated and closed.

No inflatables or toys are allowed in the swimming pool except for buoyancy aids.

We are proud of our energy efficiency, we ask that all guests respect our objectives and switch off appliances when they are not needed eg showers, hairdryer.

You must use our facilities with care and report anything you find faulty. We shall endeavour to ensure that all facilities are in full working order at all times, however on the occasion that something isn't available we shall work with all due diligence.

We reserve the right to close the facilities for essential maintenance work, special functions or any other reason the management feel necessary.

We do not advise using the hot tub, sauna and steam room during pregnancy.

The Spa at Burlton and Burlton Cottages will not be liable under this Contract for any loss or damage to any property belonging to you or your guests whilst such items are at The Spa at Burlton.

The Spa at Burlton and Burlton Cottages accept no liability or injury resulting from overexertion or exacerbation of any medical condition caused by the use of the swimming pool or facilities.

The Spa at Burlton is a no-smoking and no vaping site.

In the interest of safety, all users must observe the Swimming Pool Users Safety Codes at all times.

REMEMBER

SHOES OFF ON ENTRY

SHOWER WELL TO REMOVE BODY LOTION, SUN TAN CREAM, PERFUME etc BEFORE USE

NO DIVING, NO INFLATABLES, NO RUNNING, NO EATING/ DRINKING/SMOKING IN THE SWIMMING POOL AREA

Thank you

Swimming Pool Users Safety Code

1. **Spot the dangers**

Take care, swimming pools can be hazardous. Water presents a risk of drowning, and injuries can occur from hitting the hard surrounds, or other misuse of equipment.

2. **Always swim within your ability**

Never swim after a heavy meal or after alcohol. Avoid holding your breath and swimming long distances under water. Be especially careful if you have a medical condition such as epilepsy, asthma, diabetes or a heart condition.

3. **Check new places**

Every pool is different, so always make sure you know how deep the water is, and check for other hazards such as diving boards, water slides and steep slopes into deeper water etc.

4. **Take safety advice**

Follow advice provided for yours and others' safety. Avoid unruly behaviour which can be dangerous; acrobatics in the water; or shouting and screaming (which could distract attention from an emergency). Remember that a moment of foolish behaviour can cost a life.

5. **Look out for yourself and other swimmers**

It is safer to swim with a companion. Keep an eye open for others, particularly young children and non-swimmers.

6. **Learn how to help**

If you see somebody in difficulty, call for help immediately. In an emergency, keep calm and do exactly as you are told.

Emergency contact information:

Emergency Services: 999

Post Code: SY4 5SX

Grid reference: SJ 4576 2603

What 3 Words: masks.suave.turkey

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